

## Tennis Information

### MINI TENNIS

- Would you like to serve like Roger Federer and hit forehands like Serena Williams?
- Mini Tennis is a fast and exciting way into tennis for young boys and girls. Our emphasis is on `Play and Stay` - that means serve, rally and score from the first time you step on court
- You will be straight into playing a game and testing your skills in quick fire matchplay – just like Wimbledon but without the rain!



## Badminton Information

- Players will learn skills from the five specific Badminton areas encouraging racquet skills, overhead throwing action, underarm serving, moving for Badminton and rallying with a partner.
- Players will receive coaching by fully qualified Badminton Ireland coaches.
- First Badminton Certificates will be awarded to participants who complete the 3 day course.
- The main focus will be on fun, participation and learning new skills.

Fingal County Council in conjunction with Irish Squash, Tennis Ireland & Badminton Ireland would like to introduce a unique sporting event.

Let's make a racket initiative will give young people the opportunity to play tennis table tennis and badminton in a fun environment.



## Squash Information

Mini Squash is an exciting game that encourages children to get on court and have fun.

Using specialised equipment (raquets and balls) designed to help children learn the basic skills as well as develop coordination and balance.

There are three levels which are traffic light coded – Red, Orange and Green. These three levels called FUNdation, Improver and PRO and each have individual stages of progression with each stage becoming more challenging.

Mini Squash provides the ideal introduction to squash.



## Application Form

Applicant Name:

Applicant Address:

Applicant Phone No.:

### Medical Checklist

Does your child have any allergies i.e. Hay Fever, Penicillin, etc.?

Does your child have any medical conditions i.e. Asthma, Diabetes, etc.?

Is your child taking any medication at the moment?

Additional Information

I give permission to the 'Let's Make A Racket' agencies to bring my child to hospital in case of an emergency & authorise all medical/surgical procedures as advised by a treating doctor. I have read and understand the terms and conditions and medical checklist.

Signature of Parents/Guardians:

Return Application Form to

Caitríona Geraghty  
Sports Development Officer  
Sports Office  
Fingal County Council  
County Hall  
Swords  
Co Dublin

☎ 890 6247

✉ [caitrona.geraghty@fingalcoco.ie](mailto:caitrona.geraghty@fingalcoco.ie)



Sports -Partnership Fingal



Comhairle Contae Fhine Gall  
Fingal County Council



Sportslink, Furry Park, Santry  
18th, 25th September &  
2nd October 2010  
11.30am to 3pm  
Ages 10 -13yrs Fee - €5

