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**Racquet Sport Coaches Leadership Programme 2022**

**Overview:**

Irish Squash , Badminton Ireland, Table Tennis Ireland, and Tennis Ireland are collaborating to create a network of like-minded women in a 'Racquet Sports Coaches Leadership Programme' who are all striving to be the best they can be as coaches and learn and collaborate with our four sports to create a community. The Programme will be a four-week programme, with three online informative sessions on chosen topics, consisting of one hour each, along with a face-to-face meeting.

**Topics:**

1. Performance Analysis
2. Psychology/ Mental Strength in Coaching
3. Communication techniques/ Conflict Management
4. Leadership

**Criteria to Apply:**

* Applicants must be females who are currently over the age of sixteen.
* Applicants must have completed the foundation level of their coaching qualification in their chosen racquet sport (Tennis Ireland - Play & Stay Assistant; Table Tennis – Teacher’s Award/Foundation Course; Badminton Ireland – Shuttle Time; Irish Squash – Leaders Course), or higher.
* Applicants must be able to shadow a qualified coach in their club.
* Applicants must be able to attend all four sessions. Provisional Dates – 4th, 11th, 23rd (face to face meeting) & 25th of April.
* Applicants who are under eighteen must obtain signed parental/ guardian consent on their application form.

\*\* Please note, dates subject to change